

**Informed Consent for Online Counseling Services with
Teresa Kline, Licensed Professional Counselor**

Online Counseling is a convenient form of Counseling. However, there are some drawbacks. Please review below:

- Potential difficulty finding a private space
- Technical problems such as an unstable internet connection, poor sound or video quality which may contribute to less effective communication
- Potential limitations in your insurance coverage
- Less visibility of emotion, verbal expression, and body language compared to face-to-face sessions
- Missed opportunities for psychological, physical, and social benefits associated with attending in-person sessions
- Particular interventions may be unavailable or less effective (ex. EMDR)
- Emergencies: If you are in a mental health crisis or having a life-threatening emergency, go to the nearest hospital or 911

Current online option:

Zoom. There is no need to upload software. You will receive a Zoom Invite to your preferred email address, at least 24 hours ahead of your scheduled session. Included in the invite will be instructions to log on to the call.

Email address to send Zoom invite: _____

I have read explanations above, and understand, and consent to receive online counseling.

Printed Client Name: _____

Signature: _____ **Date:** ____/____/____
Client/Parent/Guardian